

## Young Carers to be Included in the Census for the First Time

Census 2011 will be the first time that Young Carers will be asked about their caring roles and responsibilities, so it is extremely important that they are included when completing the Census form. Accurate figures on the number of Young Carers and the extent of care that they provide will enable the planning and provision of better support services to help our army of Young Carers.

### What is a Young Carer?

A Young Carer is a child or young person under 18 years whose life is affected in a significant way by the need to provide care for a family or household member who has an illness, disability, addiction or other care requirement.

### Am I a Young Carer?

If you answer yes to any of the following questions that you may be a Young Carer and should be included when answering Question 22 on the Census form.

Do you:

	Yes	No
Care for a grandparent, parent, brother, sister or other family member	<input type="checkbox"/>	<input type="checkbox"/>
Help someone to dress or undress because they are impaired	<input type="checkbox"/>	<input type="checkbox"/>
Help someone to walk, get up the stairs, get into and out bed	<input type="checkbox"/>	<input type="checkbox"/>
Help someone to use the toilet or have a bath	<input type="checkbox"/>	<input type="checkbox"/>
Help someone to eat and drink	<input type="checkbox"/>	<input type="checkbox"/>
Give medicines to someone, give injections or change dressings	<input type="checkbox"/>	<input type="checkbox"/>
Prepare special food or diet because of the medical needs of the person	<input type="checkbox"/>	<input type="checkbox"/>
Do housework because an adult is impaired	<input type="checkbox"/>	<input type="checkbox"/>
Provide emotional support for someone who is unwell or impaired	<input type="checkbox"/>	<input type="checkbox"/>
Look after siblings because an adult is unwell or impaired	<input type="checkbox"/>	<input type="checkbox"/>
Take on a supportive role for the main Carer	<input type="checkbox"/>	<input type="checkbox"/>